Objectives

- Identify risk and protective factors in the individual, family, and community domains
- Identify health and educational outcomes impacted by shared risk and protective factors
- Increase understanding of how substance use disorder prevention work aligns with a broader range of health and wellness focus areas
Risk and Protective Factors
A characteristic at the biological, psychological, family, community, or cultural level that precedes and is associated with a higher likelihood of problem outcomes
Protective Factor

A characteristic at the individual, family or community level that is associated with a lower likelihood of problem outcomes.
Multiple Contexts

- Individual
- Family
- Community
- Society
Small Group Activity

Brainstorm SUD Risk and Protective factors in the Individual, Family, & Peer/School/Community contexts/domains
Evidence-Based Risk and Protective Factors
Substance Use - Adolescence

Individual Context

- Emotional problems in childhood (propensity toward negative emotions; behavioral disengagement coping [giving up])
- Conduct disorder
- Favorable attitudes toward drugs
- Rebelliousness
- Early substance use
- Anti-social behavior

Family Context

- Substance use among parents
- Lack of adult supervision
- Poor attachment with parents

Peer/Community/School Context

- School failure
- Low commitment to school
- Not college-bound
- Aggression toward peers
- Associating with drug-using peers
- Permissive societal/community norms about alcohol and drug use
Logic Model

Problems and Related Behaviors ↔ Risk and Protective Factors ↔ Interventions ↔ Short-term Outcomes ↔ Long-term Outcomes
Logic Model: Individual Context

Problems and Related Behaviors

Risk and Protective Factors

Risk Factor: Antisocial Behavior
Protective Factor: Good Coping Skills and Problem Solving Skills

Interventions

Science based Program: TI's Summer Leadership Program

Short-term Outcomes

Increase in prosocial behavior
Increased coping skills and problem solving skills

Long-term Outcomes

Decrease in adolescent substance use
Decrease in adolescent substance use

Adolescent substance use
Adolescent substance use
Logic Model: Family Context

Problems and Related Behaviors

Adolescent substance use

Risk and Protective Factors

Risk Factor: Family management problems

Evidence based Parent Program: Staying Connected with your Teen

Interventions

Evidence based Parent Program: Staying Connected with your Teen

Short-term Outcomes

Increase in positive family management

Long-term Outcomes

Decrease in adolescent substance use

Decrease in adolescent substance use

Adolescent substance use

Risk Factor: Family Conflict

Decrease in family conflict
Small Group Activity

Identifying shared risk and protective factors among Mental, Emotional, and Behavioral Disorders

Look at the provided list of risk and protective factors for various mental, emotional, and behavioral disorders

Identify risk and protective factors that multiple disorders have in common in each context: Individual, Family, Peer/School/Community

Report back to whole group
Logic Model: Multiple problem behaviors

Family Context

Problems and Related Behaviors
- Adolescent substance use, Anxiety, Depression, Violence

Risk and Protective Factors
- Risk Factors: Family management problems; Family Conflict

Interventions
- Evidence based Parent Program: Staying Connected with your Teen

Short-term Outcomes
- Increase in positive family management; decrease in family conflict

Long-term Outcomes
- Decrease in adolescent substance use, Anxiety, Depression, Violence
Small Group Activity

Determining current or possible interventions for multiple disorders by addressing shared risk factors.

What are you/ your organization/your system doing currently or what could you do as interventions?

Rotate and Report Back
Reflections, Questions, Take-Aways

2. From Substance Abuse Prevention Skills Training, Session 4, developed by CAPT: SAMHSA’s Center for the Application of Prevention Strategies.